



Body Work

Beauty and Self-Image in American Culture

Debra Gimlin focuses on four sites where she conducted in-depth research--a beauty salon, aerobics classes, a plastic surgery clinic, and a social and political organization for overweight women. The honest and provocative interviews included in this book uncover these women's feelings about their bodies, their reasons for attempting to change or come to terms with them, and the reactions of others in their lives. These interviews show that women are redefining their identities through their participation in body work, that they are working on their self-images as much as on their bodies. Plastic surgery, for example, ultimately is an empowering life experience for many women who choose it, while hairstyling becomes an arena for laying claim to professional and social class identities. (9780520228566)

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